

7 MAY 2021

NSFC4ME

An update on College life



**WELCOME FROM NSFC PRINCIPAL
GERARD GARVEY**

*Extra effort will reap rewards for our
students this term.*

WELL PREPARED, CONFIDENT AND FOCUSED FOR THE SUMMER TERM

Dear Students and Parents,

We have spent most of the last 12 months adjusting our plans to prioritise face to face learning, and the last week has shown that all this effort was worthwhile. For our year 13 students we have been running a series of mocks which will assist in the process of determining their final Teacher Assessed Grades. These mocks are just a part of the overall matrix of measures we will use to determine grades, but it has been noticeable how committed, focussed and well prepared our students have been over the week. It shows that the face to face learning experience we were able to maintain for the greater part of this academic year has helped our students feel more confident at this important stage of their time at college.

This term is also the time for our Year 12 students to start their preparations and planning for life beyond college, as we focus on producing first drafts of personal statements, enrolling students onto the EPQ programme, and delivering a wide range of enrichment opportunities. These activities are vital for our students as they prepare for their second year of studies and for many, helps them recommit to their own studies when they start to see what opportunities lie ahead if they can build on this years work.

I wanted to take this opportunity to say a special thankyou to all parents during this period, as we know that the support and encouragement that you give the students at this time of year makes a huge difference. If anyone has any comments or wants to help the college as we prepare for next year, please get in touch as we welcome all offers of support.

Yours faithfully,

Gerard Garvey

ENRICHMENT SUMMER TERM ACTIVITIES OFFER A WIDE RANGE OF OPPORTUNITIES

As we enter the summer term our Enrichment programme is well underway, with over 40 activities running across the college every week. From the simple pleasure of 'The Art of Paper Cutting' to a selection of different 5k running clubs, we have something for those who want to de-stress and enjoy creating new skills, expressing their artistic talents, to those who want to blow away the cobwebs and set a personal best time, whilst staying fit.

The range of enrichments shows the passion and enthusiasm of the teaching staff and this term, we have had a huge number of sessions oversubscribed with 'Serial Killers Club' and 'Positive Thinking' among the most popular.



GEORDIE OBSERVER HOT OFF THE PRESS

The Geordie Observer magazine, which is written, designed and edited by our own students launched its 5th edition today, with the online version ready for viewing.

[CLICK HERE](#)

This latest bumper edition has a focus on stress management techniques, 'doing what you love', an interview with DJ Tronix and the latest fashion news.

All credit goes to the dedicated team of writers and designers who have created yet another excellent edition.

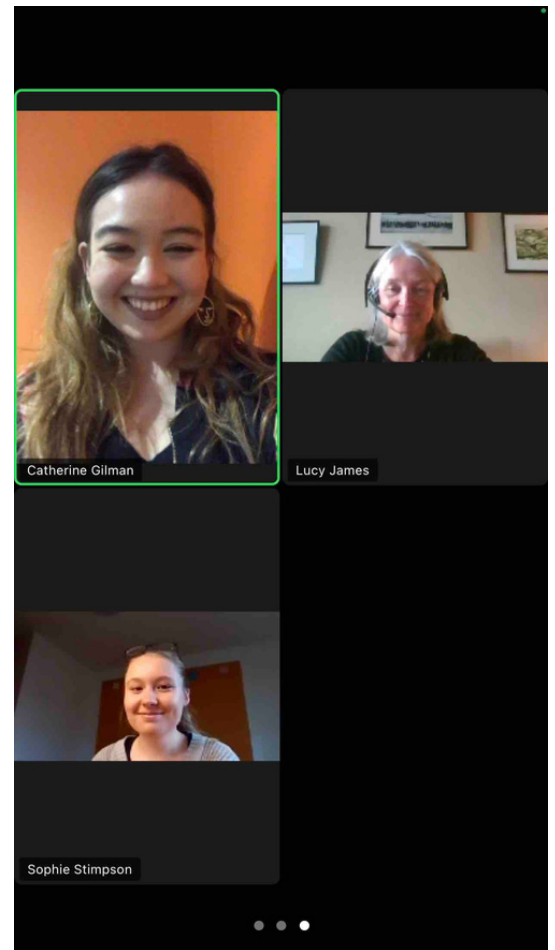


INNOVATIVE LAW COURSES AT YORK UNIVERSITY EXPLAINED

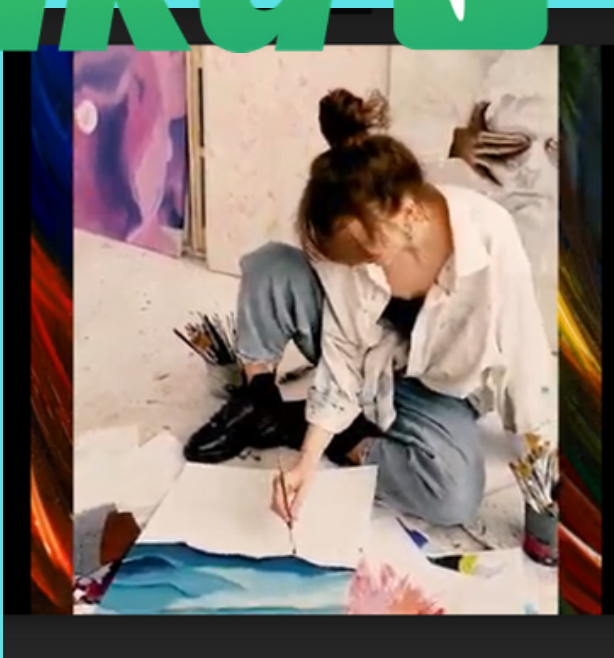
University presentations have been an invaluable way of connecting our students with prospective HE providers this year.

46 of our first year Law students took part in an informative presentation by York University and studying Law at university.

Many thanks to Lucy James, who was joined by two of her students, who provided great detail and insight about studying Law at the University of York, including their unique, problem-based learning approach.



GET CREATIVE TO REDUCE STRESS



This month the Fika mental wellbeing app is looking at the causes and ways of dealing with stress. "What are some of the things you do when you become stressed? Does it help you in lowering your stress?"

#FunFact A great #stress reliever is doing something #creative? You weren't aware? no problem, check out the below video for more insight.

[CLICK HERE](#)

The Fika App is free to download and use for all students at NSFC and a great resource for everyone.

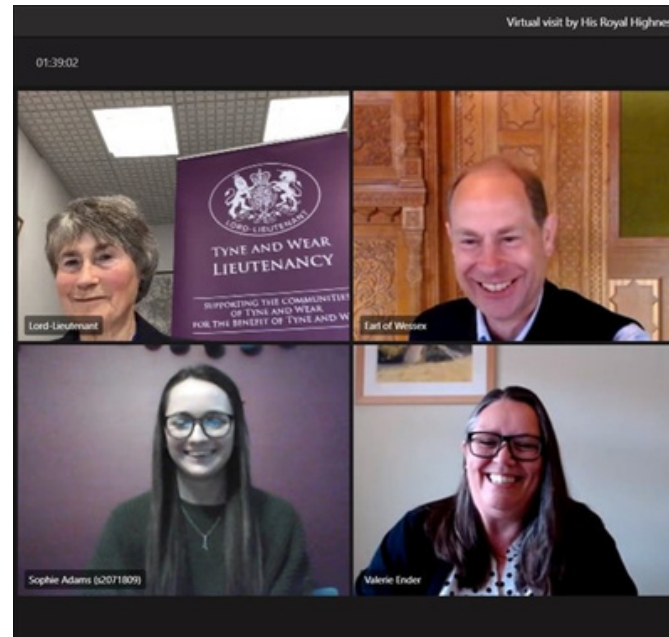
SOPHIE ADAMS MEETS HRH TO TALK ABOUT VOLUNTEERING SUCCESS

On the 29th April, one of our Year 12 students Sophie Adams took part in a Teams call with His Royal Highness The Earl of Wessex and The Lord-Lieutenant of Tyne and Wear to talk about how Young People have maintained their volunteering and social action over the past year or so.

NSFC student Sophie Adams is co-Chair of Gateshead Youth Assembly and talked to them both about the projects Gateshead Youth Assembly have still managed to deliver despite being online.

Gateshead Youth Assembly is a group of young people, elected and nominated annually to serve as the 'voice of young people' in Gateshead.

Sophie is studying Geography, Psychology and Sociology at NSFC.



NORTHUMBRIA POLICE SUPPORTING OUR CAREERS PROGRAMME

We had an excellent talk last week from Northumbria Police explaining the diverse and varied roles available to young people looking to join the service.

Burhana Islam, Rena Chopra and Katerina Hadjipetrou from Northumbria Police visited us to speak to 55 of our Year 12, Year 13 Law and GCSE Citizenship students about roles and departments in the police, as well as career pathways into the police including degree and non-degree routes.

Among the team from Northumbria Police Katerina is also a Positive Action Practitioner and was able to explain positive action in recruitment and observations on its impact within the service.

