21st OCTOBER 2022

# NSFC4ME

An update on College life

#### WELCOME FROM NSFC ACTING **PRINCIPAL SIMON ROSS**

The first term is always a pleasure with so many new faces and positive activities.

#### A SUCCESSFUL START TO THE COLLEGE YEAR

Dear Students and Families.

The start of any academic year is always a time of great excitement and activity. It has been fantastic to welcome more new students to the college than ever before, and also to welcome back Year 13 students as they begin this vital year of their academic careers. With a clear focus on high expectations for our students, we have seen one of the most positive starts to a year I can remember. This edition of our termly newsletter demonstrates we have had a rich and enjoyable first term with a wide range of events including our annual Higher Education Fayre, visits to the Institute of Civil Engineers exhibition on a net zero planet, the UK Senior Maths Challenge and plenty of community linked activities as well.

It is pleasing as we approach half term to reflect on how quickly our students settle in to college life, and how they adapt so positively and show great maturity and enthusiasm, to become an integral part of our college community. It is this 'respect ethos' that is such an integral part of the success of NSFC and I would like to take this opportunity to thank our students for demonstrating every day.

As we take a well earned break next week, we look forward to next term and the forthcoming Parents evenings which take place on the 17th and 24th November (invitations to these events and the booking for Parents evening will be sent to all parents next term by email). This is an important chance to speak directly with teachers about the student's progress and identify how we can work together to support them achieve the very best outcome from their time at sixth form.

We will also have a rich and engaging programme of enrichment activities, open events and college community events as we approach Christmas so there is plenty to look forward to over the next eight weeks. I thank all students and parents for their continued support in this first term, and hope everyone has a good break and comes back refreshed for college on 31st October.

Yours faithfully,

Simon Ross

# GOOD MENTAL HEALTH

We are proud to support Mental Health Foundation in helping to promote talking about mental health by hosting the 'tea and talk' cake sale.

We would especially like to thank student Kara Henderson (centre of picture), who worked tirelessly and helped organise this event and which raised over £120 for the charity.



odbahk

Newcastle







We are now supporting the West End Newcastle Food Bank all year round, and so every other Friday, we will have in reception a small area set up for donations.

The foodbank is there for people when they really need it, and is an absolute lifeline for many families in our community.

Newcastle West End Food Bank is part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

This campaign is part of our commitment to the national campaign Good for ME, Good for FE.

# LONDON MARATHON RUN RAISES £1,300 FOR ST OSWALDS



An incredible effort by our Maths Teacher, Stephen Dodds, who completed the London Marathon.

He raised an amazing £1,300 for St Oswald's Hospice through his own fundraising and with the support of the sixth form students and staff, who contributed £400 of the total raised.

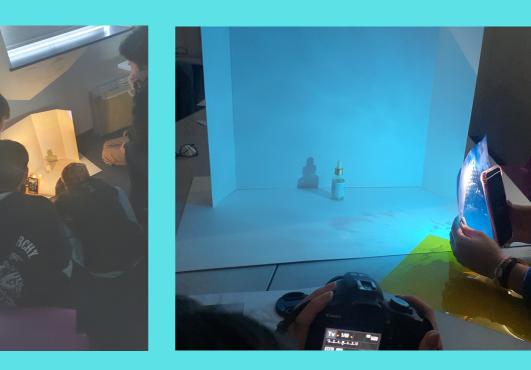
Stephen enjoyed the event, which was his first marathon in the capital, and said the enormous crowds and support offered to everyone taking part helped him across the finish line.

As part of our induction programme, students participated in a number of workshops to develop key skills in Graphic Design.

A full week project allowed students to focus on the use of photography, and will be developed their photos into advertisement designs for Vogue magazine.

To accomplish different photographic effects, they experimented with the location of the flash and the application of colour gels.

#### **GRAPHIC DESIGN WORKSHOPS**



## REBECCA IS OUR VERY OWN WORLD CHAMPION

We are extremely proud of NSFC student, Rebecca Adie, who recently became a Female Cadet Team Kumite World Champion at the WSKA Championships.

Rebecca began karate as an after-school club when she was five years old, but it quickly became a passion for her, and she now trains 2-3 times a week at Sunderland Sendai Kushiro, as well as 3-4 times a year with the England Squad in Liverpool.







Along with her England Squad teammates, Rebecca competed at the World Shotokan Karate-Do Association Championships at the M&S Bank Arena in Liverpool, winning 7 gold medals (as a whole team) with Rebecca in the team winning the Female Cadet Team Kumite World Champions.

With the European Championships coming up in December, Rebecca is hoping to be chosen for the England team once again.

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#### HE PROGRESSION FAYRE IS BIGGER AND BETTER THAN EVER



We are extremely grateful to the 25+ universities and HE organisations that came out to support our Progression Fayre.

This event provides all of our students with an excellent opportunity to not only explore potential destinations, but also to speak with universities about other topics such as finances, careers, and university life.

Over the course of an afternoon over 1,300 students attended the fayre this year.



#### SENIOR MATHS CHALLENGE

Every year, our Maths department run this fantastic afternoon challenge for our students, and working as part of a national network of schools and colleges, this year we entered over 120 students into the Senior Mathematical Challenge which is organised by the UK Mathematics Trust.

The Senior Mathematical Challenge is a 90-minute, multiple-choice Challenge. It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems.

The problems on the Senior Mathematical Challenge are designed to make students think.



# EAGLES BASKETBALL ENCORAGES TEAMWORK AND RESILIENCE

An enrichment group from the sixth form have followed a six week programme at Newcastle Eagles under the guidance of their community coaching team.

Initially the group were shown many skills and techniques to imrpove their ability to participate in basketball, but every session also enabled the students to focus on one core activity, and our community coach Chris, with themes including trust, communication, resilience and teamwork.

The students benefited significantly from this approach to coaching as it developed confidence, quickly overcame issues with working and playing together and enhanced the whole experience which was evident in the fast paced quick turnaorund games which dominated the second half of each weeks activity.



#### ICE CAREERS VISIT



Students were guided through the six key questions surrounding a net zero planet, and had the chance to talk to civil engineers from a variety of backgrounds and specialities about careers within the sector. We had a great time visiting the Institution of Civil Engineers exhibition, *"Time is Running Out - Help Us Engineer a Net Zero World."* 



#### WINTER WARMERS DAILY HOT FOOD FROM OUR REFECTORY

As our winter term sets in we wanted to make sure you were aware of just some of the value offers we have available for winter warmers from our refectory.

From just 40p you can get daily hot food from the refectory.

The refectory also offers a wide range of daily meal deals and for those on Bursary, there is a daily meals allowance.



### BURSARY APPLICATIONS OPEN ALL YEAR

For anyone still needing support, or if your financial circumstances change at home, please remember that you can apply for the bursary at any time throughout the academic year.

A Bursary of up to £1,500.00 is available for students living in a household with an income of £30,000.00 or less, providing appropriate documentary evidence in support of the application can be presented.

The amount of support a student receives is dependent on the miles travelled from home to college. In addition to the household income criteria, students must have a bank account in their own name that can accept BACS payments. Students are also required to maintain attendance levels of 95% or above in every aspect of their study programme.

This year we are offering students travel passes to support journeys to and from college and also Free College Meals, a daily allowance for them to get food whilst at college from our Costa Coffee or Refectory.

If you have any questions or queries on financial support, you can contact the Newcastle Sixth Form College Admissions Team on 0191 226 6231 or at <u>enquiries@newcastlesixthformcollege.ac.uk</u>

## ENRICHMENT ROUNDUP A SUCCESSFUL FIRST TERM

Our first term of enrichment has already produced some stunning work from students and across the entire term students have participated with great enthusiasm and passion for enhancing their college experience.

Our wide range of enrichments ensure that there is something for everyone and with a programme which ranges from Ancient Greece to World Film, we have a student body who can benefit from a vast range of opportunities to build new friends and extend their network, develop new skills and interests and also start creating excellent content for their CV's and personal statements as they progress throughout this year.



The work produced in our Bullet Journalling enrichment was particularly high quality, with some great examples of work and design on show.



Students across college were able to use time for activities as diverse as a Mricrobiology Masterclass to a Silent Book Club, and feedback on the first term from staff has been excellent with many groups completing their first activty this week, before moving onto a brand new enrichment as soon as we return.

Enrichment runs every Tuesday afternoon from 3.15pm - 4.15pm and all students are encourgaed to use these opportunities to get involved in our wider college community.





# Embrace your new connections

#### With two free Fika courses

Start the academic year with more confidence and build the skills you need to make genuine connections and friendships that will help you throughout your studies and beyond.





#### Build genuine connections

At the start of the academic year

#### Take action to be more confident

For a successful start to the academic year

**Register for free** and start your mental fitness training today:

#### 🔲 app.fika.community









Build genuine connections When planning for the future